



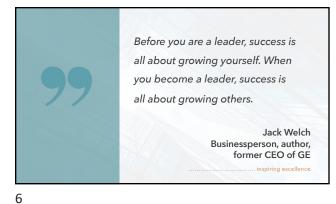
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Style	Coercive	Affiliative	Democratic	Pacesetting	Coaching
МО	Demands compliance	Creates harmony	Builds consensus	Sets high standards	Develops people
Says:	Do what I tell you	Let's be friends	Let's vote on it	Do as I do	How can we solve this?

Style	Coercive	Affiliative	Democratic	Pacesetting	Coaching
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When to Use	In a crisis With a brand- new team	Heal rifts in a team Help people during times of high stress	For tactical decisions that involve whole team (process, scheduling, etc.)	To get quick results from highly motivated teammates	To improve individual and team performance

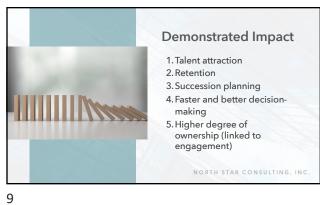
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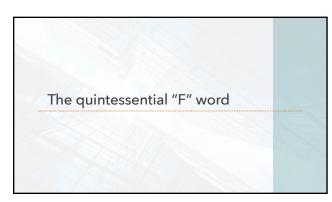


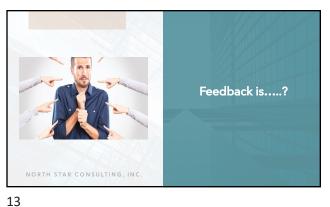


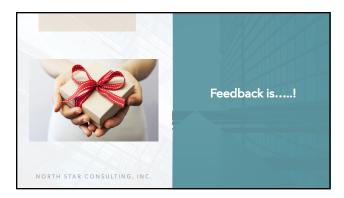




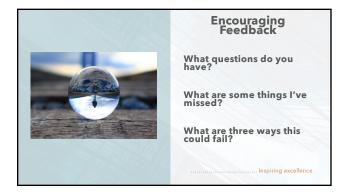












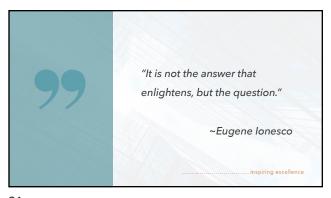
Instead of	Try
Can I give you some feedback?	Here's my reaction.
Good job!	Here are three things you did that really worked for me What were you thinking about when you did them?
You need to improve your communication skills.	Here's where I got lost.
You lack strategic thinking.	I'm struggling to understand your plan.
You should do x (in response to a request for advice).	What's the biggest challenge for you here? What have you done in the past that's worked in a similar situation?



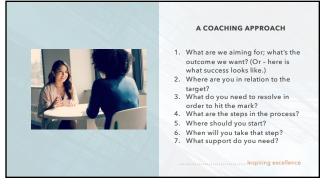




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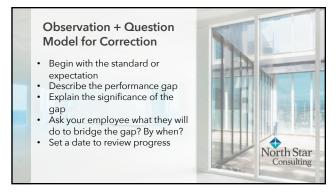




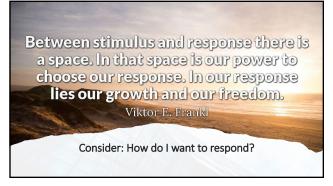




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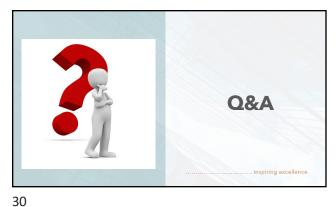




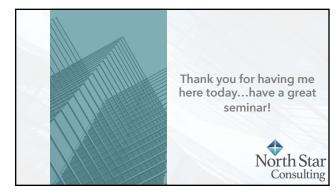


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## Resources "Greatness" - Captain L. David Marquet (TED) Turn the Ship Around - Captain L. David Marquet (Amazon) "Leaders who coach are creating better workplaces, and so can you" - Saba Imru-Mathieu (TED) "The Difference Between Coaching and Teaching" - Atul Gawande (HBR) The Coaching Habit: Say Less, Ask More and Change the Way You Lead Forever - Michael Bungay Stanier (Amazon)



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