

# CONNECTING AND ENGAGING TO MAKE A DIFFERENCE

## MENTORING NOT JUST MANAGING



PRESENTED BY :

LEAGUE OF CALIFORNIA CITIES WOMEN'S CAUCUS &

CALIFORNIA WOMEN LEAD

# OUR SPEAKERS



Diandra Bremond, CA Women Lead President &  
CA Cannabis Appeals Panel Chairperson



Sonya Harris, CA Women Lead Board Member &  
Founder and CEO of Sage Strategies



Carlsbad Mayor Pro Tem Dr. Priya Bhat-Patel  
(Moderator)

# ABOUT THE SESSION:

- WELCOME & INTRODUCTIONS
- TOPIC 1: OPEN AND HONEST COMMUNICATION
- TOPIC 2: BUILDING STRONG TEAM
- TOPIC 3: BUILDING HIGH VALUE RELATIONSHIPS
- SHORT EXERCISE: EVOLVE YOUR INNER MENTO
- FINAL WORDS

OPEN +  
HONEST  
COMMUNICATION





**BUILDING STRONG TEAMS**

# BUILDING HIGH VALUE RELATIONSHIPS



# EVOLVE YOUR INNER MENTOR

a short reflective exercise to focus your development,  
and the ways you can better support others

## 1. Identify

write down characteristics/skills under the three main topics to implement each within your team.

## 2. Rank

score yourself 1-5 on your ability to implement each topic

## 3. Reflect

what characteristics/skills are you strong on and what do you want to improve?

## 4. Action!

Write down 2-3 things you will do to improve your mentorship abilities.

THANK YOU!

LET'S STAY CONNECTED!



# EVOLVE YOUR INNER MENTOR

A short reflective exercise to focus your development, and the ways you can better support others

## 1. Identify

write down characteristics/skills under the three main topics to implement each within your team.

## 2. Rank

score yourself 1-5 on your ability to implement each topic

## 3. Reflect

what characteristics/skills are you strong on and what do you want to improve?

## 4. Action!

Write down 2-3 things you will do to improve your mentorship abilities.